EYEcare EYEwear Center. P.C.

WALTER R. GUSS, II O.D.
Comprehensive Eyecare
and Contact Lenses

Soft Contact Lens Care and Handling

Lens Care Instructions

Your contact lenses are medical devices with a limited useful life span. Proper care is necessary for successful wear and good eye health. You will be provided with products to clean, disinfect, and store your lenses. Please follow these instructions carefully.

Clean your lenses with_____
Disinfect your lenses with_____
Soak your lenses in_____
Rinse your lense with_____
Eye drops to use while wearing lenses *Refresh for Contacts, GenTeal Mild, or Optive*

NOTE:

* These solutions have been prescribed specifically for your lenses and eyes. Since they vary significantly from one manufacturer to another, do not change or substitute brands unless you check with Dr. Guss first. Use of improper solutions may result in lens damage or eye irritation.
* The adaptability of your eyes is the key factor in determining wearing time. Do not exceed the wearing schedule we have prescribed for you.
* Remember, like any medical device, contact lenses must be monitored on a yearly basis. Professional follow-up care is the most important element in successful long-term lens wear. Please keep your scheduled appointments.

In the beginning it is normal if

1) Your eyes itch or feel "funny".
2) One lens is more noticeable than the other.
3) Your vision seems fuzzier than with glasses.
4) One eye sees better than the other.
5) You have trouble handling your lenses.

Wearing Schedule

Day 1.....4 hours
Day 2.....6 hours
Day 3.....8 hours
Day 4.....10 hours
Day 5.....10 hours
Day 6.....10 hours

Next appt....Have lenses in your eyes for at least 2 hours prior

Remove your lenses immediately if

1) You develop unusual pain or redness.
2) You develop unusually foggy or cloudy vision.
3) You experience a decrease in vision that does not clear up.
4) You suspect something is wrong.

Special instructions_____

I acknowledge that I have received and understand the above instructions on the care and handling of soft contact lenses. I have also been informed of the necessity for yearly examinations to monitor my eye health and the condition of my contact lenses. It is my understanding that improper use and inadequate care of my contact lenses can possibly cause eye irritation, infections, corneal injury, and permanent loss of vision.

Patient's Signature Dispensed by Date

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